

District 5 Newsletter

4TH QUARTER—2018



District 5 Newsletter Editor: Vicki R. / Orange

Online Newsletter: http://www.msca09aa.org/districts/d_05.php

DOES YOUR GROUP HAVE A VOICE?

GENERAL SERVICE REPRESENTATIVE (GSR)

"The general service representatives (G.S.R.s) of the U.S. and Canada are the very foundation of our general service structure. Through your G.S.R., you can make your group's voice heard at district meetings, at area assemblies, and eventually at the General Service Conference."

For more information about GSRs, see A.A.® leaflet:

P-19 -

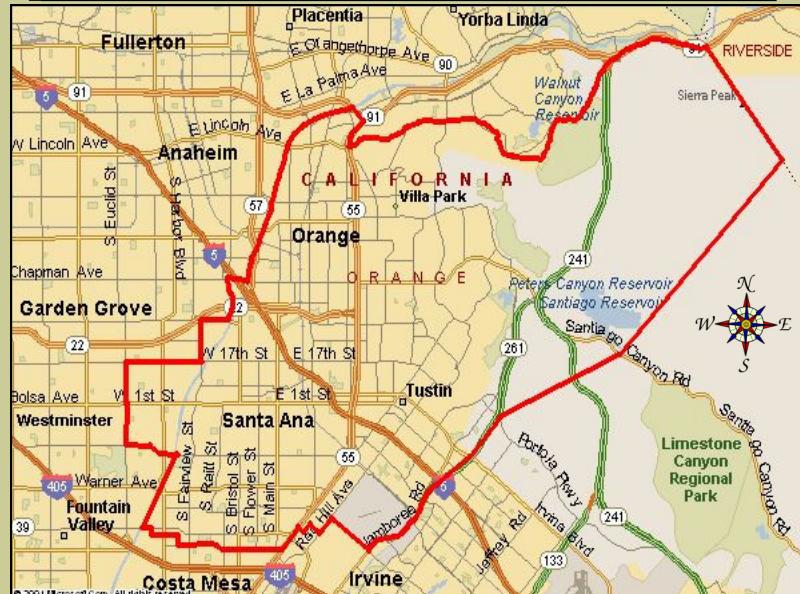
G.S.R. Your group's link to A.A. as a whole

"For a new general service representative, this leaflet outlines responsibilities and useful sources of information; for a group, what to keep in mind when electing a G.S.R."

~ Alcoholic Anonymous © (A.A.)



AREA MAP OF "DISTRICT 5"



CITIES WITHIN "DISTRICT 5"

Cowan Heights, Lemon Heights, Orange, Orange Park Acres, (parts of) Santa Ana, Tustin, and Villa Park

INSIDE THIS ISSUE:

Steps , Traditions, and Concepts — 10 thru 12 —	2
"2018/2019" Open District 5 Commitments	3
...Now About Those Meeting Groups....	
Meeting Groups with Active GSRs	4
Upcoming Sober Events & Announcements	5-7
"District 5" Sobriety Birthdays	
New GSRs / Alternate GSRs	8
A.A. Related Websites	
Mid-Southern California Area 09 "Celebrating 60 Years!"	9
A BIT OF THIS...A BIT OF THAT ◆ Contributions By Others ◆ Mark S. / Winners Circle ◆ Did You Know ? ? ? ◆ Jane B. / Jewish Community	10-11
Donations Made to "District 5"	12

Being of Service...

YOUR 2018/2019 "DISTRICT 5" TRUSTED SERVANTS ...OFFICERS AND COMMITTEE MEMBERS...

NAME

OFFICERS

KRIS C: DISTRICT COMMITTEE MEMBER CHAIR (D.C.M.C.) - dcmc_D5@yahoo.com
 RYAN H: ALTERNATE DISTRICT COMMITTEE MEMBER CHAIR (ALT. D.C.M.C.) - hvacman25@gmail.com
 TONIA S: SECRETARY - toniastephens@csu.fullerton.edu
 VICKI R: TREASURER - wrkaaitwrks@aol.com
 PAM T: REGISTRAR - pamela_ann@rocketmail.com

COMMITTEE MEMBERS

LISA H: DISTRICT COMMITTEE MEMBER (DCM) - WOMEN'S EVENING
 CHRIS W: DISTRICT COMMITTEE MEMBER (DCM) - EAST ORANGE / INTERGROUP LIAISON
 STEVE C: DISTRICT COMMITTEE MEMBER (DCM) - NORTH & SOUTH TUSTIN
 CHARLIE R: DISTRICT COMMITTEE MEMBER (DCM) - SANTA ANA & SANTA ANA ALANO CLUB
 CHEREE G: DISTRICT COMMITTEE MEMBER (DCM) - FRIENDSHIP CLUB PM
 AL C: GSR SCHOOL
 CHRISTINE L: GRAPEVINE
 MICHELLE R: H&I LIAISON
 GLENDA R: LITERATURE
 PAM T: ACCESSIBILITIES
 CHARLEY R: COFFEE
 JOSH O: CAKE SERVICES
 VICKI R: NEWSLETTER EDITOR

If you're interested in being of service, and would like to be involved in "District 5" by volunteering for an open commitment, see Page 3 for a list of those that are still open. We'd love to share this amazing experience with you!!



STEPS, TRADITIONS, AND CONCEPTS OF A.A.

(Reprinted with permission of A.A. World Services, Inc.)



STEPS: 10 THRU 12

10.

"Continued to take personal inventory and when we were wrong promptly admitted it."

11.

"Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

12.

"Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

PROMPTLY (#10): *"With little or no delay; immediately."*

TRADITIONS: 10 THRU 12

10.

Short Form:

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

11.

Short Form:

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

12.

Short Form:

"Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

CONTROVERSY (#10): *"A prolonged public dispute, debate, or contention; disputation concerning a matter of opinion. Contention, strife, or argument."*

CONCEPTS: 10 THRU 12

10.

Short Form:

"Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined."

11.

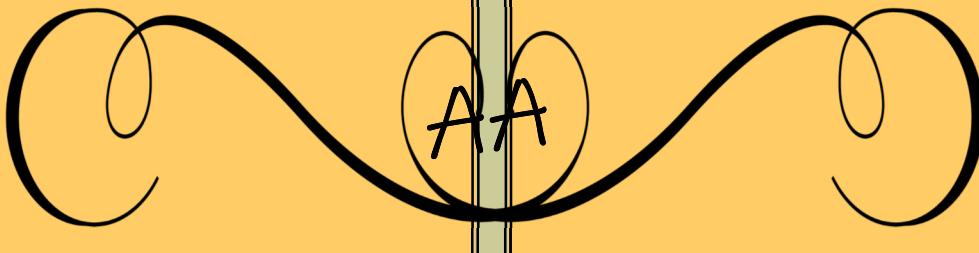
Short Form:

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

12.

Short Form:

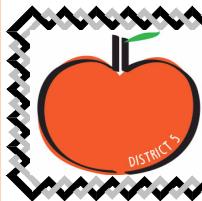
"The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action."



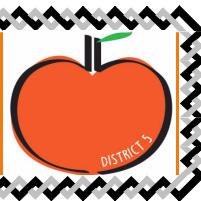
DEMOCRACY (#12): *"Situation, system, or organization in which everyone has equal rights and opportunities, and can help make decisions."*

of course
To refer (a legal
To pledge or obligate
mittere; com-
committing, esp.: a
committee. b. Official
authorizing, consi-
authorizing pledge

com•mit•ment (kə-mīt'ə-mənt) n.
1. a formal promise to do something
2. a strong desire to do something



DISTRICT 5's OPEN COMMITMENTS



1. Archives 2. Cooperation with the Professional Community (C.P.C.)

3. Convention Liaison

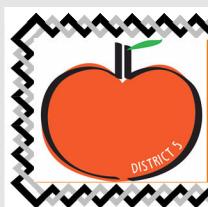
4. District Committee Members (D.C.M.):

- * Women's Day
- * Men's Groups

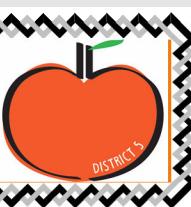
- * West Orange
- * Friendship Club AM

For information on these commitments:
https://www.aa.org/pages/en_US/aa-service-committees

AA



....NOW ABOUT THOSE MEETING GROUPS....



MEETING GROUPS NEEDING YOUR HELP IN FILLING CHAIRS...

MONDAY

Group Name: WOMEN'S STEP STUDY
Type: 12&12 / Closed Meeting
Time: 7:00pm
Location: First United Methodist Church
161 S. Orange (Upstairs)
Orange 92866

SATURDAY

Group Name: WINNERS CIRCLE
Type: Discussion / Open Meeting
Time: 6:00pm–730pm
Location: Mariposa Women's Center
812 W. Town & Country Rd.
Orange 92868

TUESDAY

Group Name: ORANGE TUSTIN GROUP
Type: Discussion / Closed Meeting
Time: 7:00pm–8:30pm
Location: 1st Christian Church
1130 E. Walnut Ave.
Orange 92866

WEDNESDAY

Group Name: ALKIES ONLY
Type: Discussion / Closed Meeting
Time: 7:00pm–8:30pm
Location: First United Methodist Church
161 S. Orange Ave.–2nd Flr.
Orange 92866

***Please be sure to let
Orange County Central Office
and
District 5***

***know of any meeting group
location or time change.***

***Your meeting may be
the one that a suffering
alcoholic is searching for.***





MEETINGS / GROUPS WITH ACTIVE* DISTRICT 5 REPRESENTATION

*Active: A meeting/group having had a G.S.R. or Alternate G.S.R. attend one or more of the past six consecutive District 5 meetings.

NAME OF MEETING / GROUP	LOCATION	G.S.R.	ALTERNATE G.S.R.
6 A.M. Foothill Early Risers Group	Tustin	Patrick M.	
777 (Newcomers) Men's Stag Group	Orange	Ryan H.	Shane S.
9:02 Speaker Meeting (9:02 Group)	Tustin	Sonny J.	
Alkies Only	Orange	Vicki R.	
Alkies Winners Circle Group	Tustin	Christine L.	
Back from the Dead	Santa Ana	Megan W.	Carolyne F.
Chapman & Lewis AA Group	Orange	Glenda R.	Karen B.
Forever Non-Professional (Friendship Club)	Orange	Cheree G.	
Friday Night No Puffers Speaker Meeting	Orange	Josh O.	Rob S.
Hart Park Newcomers Group	Orange	Scott B.	
How It Works	Orange	Steve C.	Vicki R.
It's In the Book (Book Study)	Tustin	Gloria Z.	
(Women's) Keep it Simple Group	Orange	Tonia S.	
Ladies Night Book Study	Orange	Mika S.	Ann Marie M.
Men's Big Book Study	Orange	Steven H.	
Men's BYOB Bookstudy	Tustin	Chris W.	
Monday Night Mens Stag Group	Tustin	Michael H.	
Not A Glum Lot	Orange	Michelle R.	
Orange Tustin Group	Orange	Nancy L.	
Rush Hour (Friendship Club)	Orange	Matt L.	
Saturday Night Visiting Speakers Mtg.	Tustin	Chris W.	
Sober & Crazy Speaker Meeting	Tustin	Rob P.	
Sun. Night Speaker Meeting of Orange	Orange	Crystal B.	
The Other 12 & 12 (Twin Towers)	Orange	Mark H.	
Tuesday Night Men's Stag	Santa Ana	Michael D.	
Tustin Acceptance Group	Tustin	Steven H.	
Tustin Attitude Modification Group	Tustin	Richard M.	
Tustin Big Book Study	Tustin	Elizabeth B.	
Tustin Rush Hour	Tustin & Orange	Pam T.	Tim G.
Tustin Thurs. Nite 12X12X1 Hour Study Group	Tustin	Jami B.	
We Got A Coffee Pot	Orange	Will G.	
Winners Circle Group	Orange	Terry S.	
Womens Experience, Strength & Hope	Orange	April H.	
Womens Solution Group	Tustin	Sue C.	

- Did you know that the local group is the basic unit of A.A. World Service?
- Is your meeting/group missing from the above list??
- Did the newsletter editor make a mistake?? (If the answer is "yes", come to the next District 5 meeting and she'll get it corrected in time for the next quarterly newsletter.)
- Or...Is it because you don't have a G.S.R., or Alternate G.S.R., who is actively attending the District 5 meetings?

I ❤️
MEETINGS



2018



UPCOMING SOBER EVENTS

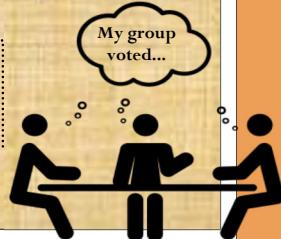
2019



DISTRICT 5

Dec. 10, 2018 (Mon) @ 5:45pm:— Steering Committee Mtg. —
Denny's @ 17th & Tustin, Santa Ana**Dec. 13, 2018 (Thurs) @ 7pm-8:30pm:**— GSR Meeting —
(“New GSR” orientation - 6:30pm)
Church of the Foothills
19211 Dodge Ave., N. Tustin 92705
(Corner of Dodge & Newport Ave.)**Jan. 7, 2019 (Mon) @ 5:45pm:**— Steering Committee Mtg. —
Denny's @ 17th & Tustin, Santa Ana**Jan. 10, 2019 (Thurs) @ 7pm-8:30pm:**— GSR Meeting —
(“New GSR” orientation - 6:30pm)
Church of the Foothills
19211 Dodge Ave., Tustin 92705
(Corner of Dodge & Newport Ave.)**Jan. 19, 2019 (Sat) @ 12pm-4pm****— ALCOHOLICS FAMILY FEUD —**
(Hosted by District 5)Church of the Foothills
19211 Dodge Ave., N. Tustin 92705
(Corner of Dodge & Newport Ave.)

“See Page 7 of newsletter for more info!”

**Meetings are held
on the 2nd Thursday
of the month.**

AREA 09

Nov. 10 (Sat) @ 1pm-4:30pm— District 07 Workshop —
Sponsorship: A Work in ProgressGarden Grove Alano Club
9845 Belfast Drive,
Garden Grove CA 92844

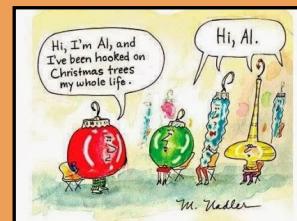
“See Page 6 of newsletter for more info!”

Nov. 11, 2018 (Sun) @ 8:30am-2:30pm— 44th Servathon —
(Hosted by District 9)
“Service from Group to
Regional Levels”Thousand Palms Community Center
31189 Robert Rd.
Thousand Palms, CA 92276

“See Page 6 of newsletter for more info!”

Nov. 17, 2018 (Sun) @ 10am-2pm— District 19 Service Event —
“A.A. Traditions’ Month Celebration”Victor Valley Alano Club
11085 Central Road,
Apple Valley, CA 92308

“See Page 6 of newsletter for more info!”

Please visit www.msca09aa.org for
additional information on upcoming events.

AREA 09

is excited for the wonderful opportunity to “be of service” by hosting the

“PRAASA 2019”

(Pacific Region AA Service Assembly)

Date & Location:March 1–3, 2019
Hilton Inn – Irvine, CAFor more information visit: <https://praasa.org>

OC CENTRAL OFFICE

Nov. 10, 2018 (Sat) @ 1pm-4pm— OPEN HOUSE —
Special Archives Presentation
and SpeakerOC Central Office
1526 Brookhollow Dr., Suite 75
Santa Ana 92705

“See Page 6 of newsletter for more info!”

Orange County Intergroup Assoc.*Nov. 14, 2018 (Weds) @ 7pm**
Intergroup MeetingCosta Mesa Senior Center
695 W. 19th St., Costa Mesa, 92627
Info: (714) 556-4555

Dec 12, 2018 (Weds) @ 7pm
Intergroup MeetingCosta Mesa Senior Center
695 W. 19th St., Costa Mesa, 92627
Info: (714) 556-4555

Meetings are held every 2nd Weds. of the month.

Central Office Email Addresses:

*Manager@oc-aa.org

*AssistantManager@oc-aa.org

*SatelliteManager@oc-aa.org

Help Carry the Message of AA

SUBSCRIPTION CHALLENGE 2018

WHAT IS IT?
A challenge to increase new Grapevine and La Vida subscriptions* in 2018

HOW IT WORKS
Any new, paid subscription* between Jan 1-Dec 29, 2018 qualifies, including subscriptions for:
• GV or LV in Print, GV Online
• GV or LV in App
• GV Certificates including Carry the Message Gift Certificates

TWO PRIZES
Receive a special section in a 2019 issue of GV or La Vida for members' stories from the winning state, province or territory achieving:
1. The greatest percentage growth in new, paid subscriptions* or subscription gift certificates OR
2. The greatest increase in new subscriptions* or subscription gift certificates overall

WATCH FOR DETAILS
Beginning January 1st www.agrapevine.org/challenge or www.agrapevine.org/challenge-lv

*A new subscription is one that hasn't been active in the past 6 months.

AAGV strives to be self-supporting through the sale of subscriptions and other items.

Please visit www.oc-aa.org for
additional information on upcoming events.

2018

2019

UPCOMING SOBER EVENTS

(Continued)

NOVEMBER

NOVEMBER



O.C. Central Office



OPEN HOUSE

Saturday November 10, 2018

1:00 pm until 4:00 pm

SPECIAL ARCHIVES PRESENTATION!

Courtesy of Mitchell and
MSCArchives

SPEAKER: Big Tim of N.B!!!

Come by for fun, fellowship & treats!

1526 Brookhollow Dr. Suite 75
Santa Ana, CA 92705
714-332-4555



District 7 Workshop



SPONSORSHIP

A Work in Progress

Saturday, Nov. 10, 2018 1pm-4:30

Speakers:

Joe C., Past Delegate, Area 09
Joe B., Past Delegate, Area 09

Round Tables:

Personal contributions
New Ideas - help yourself and others

Special Recovery Tools:

Munchies
Raffles
Laughter

Snack contributions welcome - no deserts please

Garden Grove Alano Club
9845 Belfast Drive
Garden Grove CA 92844

44th Servathon



Hosted by District 9

Sunday, November 11

Thousand Palms Community Center
31189 Robert Rd, CA 92276
United States

8:30 am to 2:30 pm

"Service from Group to Regional Levels"



District 19 Service Event A.A. Traditions' Month Celebration

Saturday, November 17, 2018
10 am - 2 pm



Victor Valley Alano Club
11085 Central Road
Apple Valley, CA 92308

*** Lunch Provided ***



Come experience the Grapevine and La Vida history. Learn how to become a Grapevine service representative and bring this vital publication back to your group or meeting. These magazines are AA's "Meeting in a Pocket."

Morning Session

Speaker
Area 09 Grapevine Chair
Coty Q

Speaker
Area 09 La Vida Chair
Martin J. (Spanish)
(English translation provided)



Lunch
12 - 1 pm

Afternoon Session
Traditions Play

2018

2019

UPCOMING SOBER EVENTS

(Continued)

NOVEMBER ~ cont.

Bring on the NEW YEAR!

JANUARY 2019

31ST ANNUAL
INLAND EMPIRE CONVENTION
NOVEMBER 9, 10, 11, 2018

Double Tree • San Bernardino, CA
(By Hilton)



IEAAC 2018

www.ieaac.org

I Am Responsible ...

When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that, I am responsible.

DECEMBER

Seasons Greetings

3rd CALIFORNIA STATEWIDE WORKSHOP

Of Hispanic Women

"Different Languages, One Heart"

SATURDAY
DECEMBER 1ST
2018

9am - 4pm

Union Hall

4 Berry Street
San Francisco, CA 94107
(Next to the AT&T Park)

Contacts:
Event Coordinator
Luisa (925) 329-5004
lobaluisa3@gmail.com
Emma (415) 846-1849



Live Stream via
skype
on Event day

"DISTRICT 5" PRESENTS...

-Alcoholics-
FAMILY FEUD

~FUN~ ~PRIZES~
~FOOD~

Fellowship

Fellowship

OUT OF 100 FELLOWSHIP MEMBERS SURVEYED,
THE NUMBER ONE ANSWER WAS:
"YES!! I'LL BE THERE!!"

ALL FELLOWSHIP MEMBERS ARE INVITED TO JOIN US!

Professional Game Host!!

MARK YOUR
CALENDAR
AND LET
OTHERS
KNOW
ABOUT THE
EVENT TOO!!

Date: Saturday – January 19, 2019

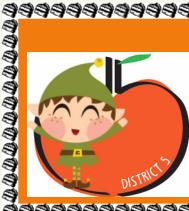
Time: 12pm – 4pm

Location: Church of the Foothills
(Corner of Newport & Dodge)
19211 Dodge Ave.
North Tustin, CA 92705



For more information check with your GSR or contact:
Lisa H. (714) 401-2435 / Ryan H. (714) 902-4877

Do you know of any AA related events which are happening in 2019 and you'd like them included in the District 5 Newsletter so that they can be shared with others?? Then be sure to let your District 5 Newsletter editor know at least two weeks before the next issue. The next quarterly newsletter is scheduled to be issued in February 2019. So any event happening after February 14, 2019 will definitely be included!



DISTRICT 5 *** SOBRIETY BIRTHDAYS *** (September 2018 - October 2018)

Congratulations to those below who attended the District 5 meeting the month of their sobriety birthday!!



SEPTEMBER

- ◊ Christine L. ~ Grapevine C.M. (District 5) ~ GSR (Alkies Winner Circle – Tustin) ~ 30 Yrs.
- ◊ Sue C. ~ GSR (Womens Solution Group – Tustin) ~ 24 Yrs.
- ◊ Will G. ~ GSR (We Got A Coffee Pot – Orange) ~ 11 Yrs.
- ◊ Mitchell B. ~ Secretary (Area 09) ~ 9 Yrs.



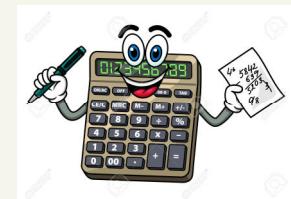
OCTOBER

- ◊ Steve C. ~ D.C.M./No. & So. Tustin (District 5) ~ GSR (How It Works – Orange) ~ 11 Yrs.
- ◊ Tonia S. ~ Secretary and P.I. (District 5) ~ GSR (Keep It Simple – Orange) ~ 8 Yrs.



By doing it “ONE DAY AT A TIME”, all together they have...

Total YEARS Sobriety: 93	Total HOURS Sobriety: 814,680
Total DAYS Sobriety: 33,945	Total MINUTES Sobriety: 48,880,800



- Alcoholics Anonymous.....www.aa.org
- MSCA 09 / District 5.....www.msca09aa.org
- OC Central Office.....www.oc-aa.org
- Grapevine.....www.aagrapevine.org
- OC A.A. Conventionwww.ocaac.org
- AA Online Intergroup.....www.aa-intergroup.org
- All Orange County Young People In A.A....<http://www.aocypaa.org>



NEW GSRs /Alternate GSRs!!!

A big **WELCOME and THANK YOU** to the following new GSRs and new Alternate GSRs (AG)...

NAME	GROUP	CITY
Patrick M. (GSR)	6 A.M. Foothill Early Risers	Tustin
Richard M. (GSR)	Tustin (6am) Attitude Mod.	Tustin
Rob P. (GSR)	Sober & Crazy Speaker Mtg.	Tustin

AA RESPONSIBILITY STATEMENT

“I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”



FRIENDLY REMINDER...The General Service Office needs to be advised whenever there are the following meeting/group changes, so that they can keep their records up to date.

- Name – Date and Time – Location
- General Service Representative (GSR) and/or Contact Information (i.e. Secretary)
- Disbandment of Meeting/Group



If there are changes, please be sure to notify your “District 5” Registrar (Pam T.) via email, or by attending a District 5 meeting and giving either her, or the GSR School Committee Member (Al C.), the information.



For info on the next “District 5” meeting see **Page 5**
(Upcoming Events & Announcements) of this newsletter.

...MID-SOUTHERN CALIFORNIA AREA 09 (MSCA09) NEWS...

CELEBRATING “60” YEARS!!

The Chronicles of MSCA Area 09 History – Part 2: Early Districts Lines

In 1957 Southern California Area 5 (Los Angeles) was divided into 33 districts and renumbered (*most of the order of the renumbering is unknown, but assume was numbered 1 through 33*) Districts 20 through 29 formed what is now Area 9. Prior to the renumbering of the districts, District 5 was made up of Districts 60 and 63 in the old Area 5. After the renumbering it was part of Districts 26 & 27.

Our area (Area 09) was officially designated "California Southern Coastal Area" but was known as Southern Coastal California Area" and nicknamed "Panel 2" because of its even year term. We did not change our name until 1970 when it was changed to Mid-Southern California or technically "California Mid-Southern."

Election of the new delegate and area officers took place on October 12, 1958 and the first meeting of new Area 9 was held on November 16, 1958, but officially we were not recognized and terms did not start until January 1959. They got an early start because the duty of hosting the 1960 International Convention was now the responsibility of the new Area 9. The newly formed districts in 1959 were re-numbered once again to numbers 1 through 10. The first roster of the Area 9 was dated 1-1-59 and had the area size as 105 Groups, 10 Districts and 105 GSR's. On this roster the present day District 5 were part of Districts 6 & 7.

Groups in District 6

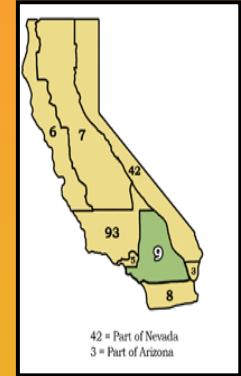
Karo Group - Garden Grove
Costa Mesa Group - Costa Mesa

Groups in District 6—continued

Corona del Mar Women's Group - Corona del Mar
Corona del Mar Friday Group - Laguna Beach
Laguna Beach Group - Corona del Mar
Laguna Beach Sunday Night Group - Costa Mesa
San Clemente Group - Costa Mesa
Newport-Balboa Group - Santa Ana
Huntington Beach Participation Group - Santa Ana/Huntington Beach

Groups in District 7

OR 3-1279
JE 7-2622
Alansa 20-40 Group - Anaheim
Alansa Tuesday Group
Alansa Friday Group
Orange County Discussion
Alano Monday group
Alano Friday Group
Alano Sunday A.A. Group
Alano Sunday evening Group
Anaheim Thursday group (ERELL) - Anaheim
Garden Grove Group - Garden Grove
Westminster Group
Anaheim Friday Night Group - Anaheim



1960 Convention

Long Beach, California, was approved by the Conference as the site for an International A.A. Convention to be held the weekend of July 1-3, 1960. This decision is subject to final review of facilities available in Long Beach and, as is traditional, must be confirmed by the General Service Board.

The city of San Francisco had been a pre-Conference candidate for the 1960 convention. Delegates from the various California Areas agreed by lot to offer the single candidacy of Long Beach. A.A. members in Akron, Ohio, also were interested in being hosts to a world get-together in 1960.

It was agreed that supervision of programming and public relations for the convention would be retained by the General Service Board and that all costs would be underwritten by the host Area or Areas. Any excess of income over expenses would be turned over to G.S.B.

The Conference voted to constitute an Advisory Convention Committee on the following basis: Three members each from panels 7, 8, 9 and 10, plus the California Delegates, with the understanding that one Committee member will be a Canadian and that members chosen from panels 9 and 10 (1959 and 1960) will come from Areas not already represented.

Members chosen by lot to serve on the Committee are: Wes P., South Florida; Tom A., South Jersey; Bill H., Northeast Texas; Bill W., Kentucky; Carl S., Wisconsin and Ian MacL., Atlantic Provinces. California members are: Paul G., Northern Coastal Countries; Ben E., San Diego; and Duane R., Northern Interior Counties, with Glenn C., Los Angeles, and Stan W., San Francisco, co-chairmen.

The first full-term delegate elected was Jack White, Panel 10 (1960-62). That year the 3rd AA International Convention was held in Long Beach. Local AA's got to see and hear Bill Wilson, Ebby, Dr. Harry Tiebout, and others. Local bars displayed signs: "Coffee Served Here" in honor of the occasion. At the Cleveland and St. Louis conventions, G.S.O. did almost all the work of putting it on. This was the first one where local AAs did most of the work planning the event. Members stood in line 1 1/2 - hours or so before getting served at the Banquet at the Lafayette Hotel, but almost everything else went smoothly. Great drama in the closing meeting at the Veterans' Stadium when all the lights were turned out during the Lord's Prayer and all 14,000 AA's lit a match to symbolize the 12th Step.



Contributed By:

Mitchell B.
MSCA09 Secretary
and Archivist



A BIT OF THIS...A BIT OF THAT...

CONTRIBUTIONS BY OTHERS...

My name is Mark and I'm an alcoholic. My sobriety date is July 13th, 1988. My home group is the Winners Circle and I have attended for more than 30 years.

It really was started by the admin folks at Kaiser Hospital to introduce newcomers at the chemical dependency unit to A.A. meetings. I must say the counselors all were in the A.A. Program also. We were on the eighth floor of the Kaiser Hospital and we were a small meeting and very fun group. I noticed everyone took sobriety serious and had a fun atmosphere. We are not a glum lot!

We moved the meeting many times to the basement and back to the eighth floor and then the auditorium and across the street to a room by the liquor store where we could always hear the ring of the door as customers came and went! Finally we settled in the basement of the pharmacy building which became our home for many years.

I recall on the way to the room I would notice a sign that said chemotherapy not knowing what it meant until years later, that is later in the story.

Every Saturday night at 6 p.m. we would meet, shaking hands and hugs aplenty! We were known for our pleasant greetings and open welcomes.

As with all meetings over the years change happened many times, fights over format and controlling people wanting to turn the meeting into church or their idea of how AA should operate saying the Big Book had become out dated. However, by the grace of God, the group conscious prevailed! Along with bruised egos and feelings.

Over the years groups would meet for the meeting after the meeting. Sometimes groups of 20 or more! Dinner and a movie or beach walks and picnics. We had many years of different groups going to convention local and out of state.

My blessing has been the friendships I have made over the years, some being friends over 25 years, watching them go through changes themselves. Helping out where I could and other times just observing from afar.

Members have passed away and died sober with fond memories of each and what they added to our meeting.

There are times I want to leave and find another meeting for a change. However, I'm here for the newcomer and my sobriety.

And in closing I would like to add I met my wife Eileen in AA and we lived the married life in sobriety together and living the principles of AA.

She was diagnosed with stage 4 lung cancer in November of 2008. And I learned then what the sign to the meeting meant chemotherapy! She died sober and peaceful at home with family and AA family around her.

With the help of fellow members I was able to grieve the loss of my beautiful wife Eileen one day at a time.

Eventually the hospital had all meetings move, and a member let us use his place of business until our present home at Mariposa Women's Center.

I must recommend you have a home group. It has given me hope and fellowship like no other!!

Contributed By:

~ Mark S. ~
Winners Circle





DID YOU KNOW???

Our Jewish Faith Fellowship Members



**Jewish Federation & Family Services
ORANGE COUNTY**

respecter of persons" and that all kinds of people can be alcoholic. At one time some people thought that Jews were less susceptible to alcoholism, but current statistics show this is not true.

"Alcohol is patient, cunning, and powerful."

Jewish Federation & Family Services and JAANetwork.org have been working hard to educate the Jewish community about recovery. There is a list of books on the JAAN website about the 12 Steps and how they are compatible with Judaism. Many within the Jewish community had thought you had to be Christian to work the AA program since so many meetings are in churches. Perhaps you didn't know that some Jews are intimidated by churches. We alcoholics know that no matter where the room might be, anyone who wants to stop drinking is welcome and safe from persecution.

As a result of the educational effort by Jewish Federation & Family Services and JAAN, Jewish synagogues are opening their doors as potential meeting places. If your meeting needs to find a new meeting place, consider a local synagogue or Temple. You may be surprised at your welcome.

Contributed By:

-- Jane B --

imascibe2@gmail.com
714-292-4905



October 1946

Hygeia
THE HEALTH MAGAZINE



PUBLISHED BY THE AMERICAN MEDICAL ASSOCIATION

Alcoholic

To the Editor:—I know a young woman who is an alcoholic. She tries to abstain but it soon gets the better of her. She has no money because she can't keep a job. I know there are places where these unfortunate people may be cured. I would like the address of such a place that is reliable and yet not expensive. Massachusetts.

Answer.—Placing alcoholics in institutions is no longer considered of special value. It is recognized that alcoholism is a form of mental disease. Its successful treatment must depend on the ability of the individual to realize that the craving for alcohol can be overcome.

We believe you would be doing your friend a service if you suggested that she contact a local branch of the organization known as Alcoholics Anonymous. No doubt your local Health Department could give you the correct address. This group has proved extremely successful in curing alcohol addicts.



In keeping with our 7th Tradition.....
DONATIONS MADE TO “DISTRICT 5”
~ 2018 ~



T
H
A
N
K

Y
O
U
!



T
H
A
N
K

Y
O
U
!



GROUP #	GROUP NAME	SEP	OCT	"2018" GROUP TOTAL TO DATE
606997	12:00pm Step Study Group	\$ 10.00	\$ -	\$ 10.00
149952	24 Hour Book Group	\$ -	\$ -	\$ 221.02
649516	777 Newcomers Men Stag	\$ -	\$ 60.00	\$ 180.00
131258	9:02 Group	\$ -	\$ -	\$ 14.92
167649	Alkies Only	\$ 5.00	\$ -	\$ 5.00
652296	Alkies Winner Circle	\$ -	\$ -	\$ 76.65
136826	As Bill Sees It	\$ -	\$ -	\$ 15.00
712762	Attitude Adjustment (F/Club)	\$ -	\$ -	\$ 470.00
722230	Chapman & Lewis AA Group	\$ 70.00	\$ -	\$ 220.00
117208	Crawl Before No One	\$ -	\$ -	\$ 10.00
??	Desire to Stop - Sat. Mtg.	\$ -	\$ -	\$ 10.00
126119	Early Birds Group	\$ -	\$ 17.63	\$ 88.15
632837	Foothill Early Risers	\$ -	\$ -	\$ 37.80
??	Forever Non-Professional	\$ -	\$ -	\$ 16.48
630799	Friday Morning Smashing Donuts	\$ -	\$ -	\$ 13.00
126062	Friday Night No Puffers	\$ -	\$ -	\$ 78.51
172225	How It Works	\$ -	\$ 15.00	\$ 28.00
700349	It's In The Book	\$ 13.00	\$ -	\$ 13.00
680752	Keep It Simple Group	\$ 4.50	\$ 5.00	\$ 42.49
147958	Lucky Stiff's	\$ -	\$ -	\$ 15.75
139671	Mon Night Womens 12 & 12 Group	\$ -	\$ -	\$ 15.00
686410	Monday Night Mens B.Y.O.B.	\$ -	\$ -	\$ 20.00
670924	Not A Glum Lot	\$ -	\$ 10.00	\$ 30.00
126635	Orange Tustin Group	\$ -	\$ -	\$ 13.06
100561	Sat. Night Visiting Speakers Mtg.	\$ -	\$ -	\$ 24.00
179945	Sober & Crazy Speaker Meeting	\$ -	\$ -	\$ 70.80
146970	Sunday Morning B/B Study Group	\$ -	\$ -	\$ 14.00
722902	The Name in the Hat	\$ -	\$ -	\$ 52.50
655929	(The) Other 12 & 12 (Twin Towers)	\$ -	\$ -	\$ 20.80
128032	Tuesday Night Men's Stag	\$ -	\$ -	\$ 30.00
696177	Tustin Acceptance Group	\$ -	\$ 15.00	\$ 91.00
130429	Tustin Attitude Modification Group	\$ 56.65	\$ 41.07	\$ 553.58
678232	Tustin Big Book Study	\$ -	\$ 9.71	\$ 73.21
662400	Tustin Mon Evening Womens 12&12 Group	\$ -	\$ -	\$ 101.50
179945	Women's Solution Group	\$ -	\$ -	\$ 79.79
MONTHLY TOTALS		\$159.15	\$173.41	\$2,755.01

Attention Meeting Group Secretaries and Treasurers!!

When sending in a 7th Tradition donation/contribution, please be sure to note the following information in order for your meeting group to receive credit and a receipt for the donation:

- (1) Meeting Group Name
- (2) Group Number issued by the General Service Office
- (3) Name and mailing (or email) address of whom to send the receipt to.

If your meeting group number isn't known, ask your GSR to speak to the "District 5" Registrar (Pam T.) at the next monthly (2nd Thursday) District meeting, or you can send her an email at: pamela_ann@rocketmail.com.

Address for Correspondence and 7th Tradition Donations:

District 5, M.S.C.A - P.O. Box 3374, Tustin, CA 92781

 District 5 thanks your group for your contribution & service.	DATE	Sept. 1, 2018	RECEIPT #	168
	GROUP NAME	Happy Destiny	AMOUNT:	\$ 21.50
	GROUP #/CITY	121212 / Freedom	Total 2018 Donations	
	FROM	Sober Doe	Rec'd:	\$69.00
	FOR	Contribution to District 5 of Area 9 M.S.C.A.		
	BY	Vicki R. / District 5 Treasurer		

District 5 meeting is the 2nd Thursday
of every month. Please send your GSR
19211 Dodge, at Newport 7:00 PM